



The Martial Arts Where Every Student Is A Winner
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www.martialartskarate.com.au

Congratulations and well done to the 146 competitors for your terrific efforts in the Power Of Won 2009 Tournament

Wow, what a day! Sunday's Tournament went extremely well, with an excellent feeling amongst all students. There was great support for one another on the day, with lots of chanting, taps on the back and well wishes for all efforts.

For those who competed for the first time, well done! I hope the experience for you was a memorable one that you will learn from and appreciate. To those students who have been in tournaments before, congratulations to you as well, I hope it was easier and not as "nerve racking" this time around.

Every student should be proud of themselves and regard yourself as an absolute winner, whether or not you received a placing trophy for various events, but more so for trying your best and actually competing.

Thank you to all the referees, scorers, and to the many other people who assisted in various ways. There are numerous people required to make such a day a great success and to name all is too difficult. So once again we thank you.

Keep an eye on the website www.martialartskarate.com.au for what I'm sure will be fantastic photos. Mark took a staggering 1600 shots and is in the process of sorting through them to display. Consider purchasing some of these. You can order from the website or ask for an order form from Michelle.

I would once again like to congratulate all eighty-nine competitors for making the day such a success. They were: Steven Cachia, Wayne Abdilla, John Price, Brendan Camilleri, Michelle Caruana, John Buttigieg, Lloyd Grills, Debbie Balcombe, John Hatty, Krystal Goral, Elizabeth Gleeson, Suzie Gerrard, Catarina Defreitas, Jesse Capito, Ben Ranisavaljev, Gareth Price, Tony Farrugia, Nathan Capito, Laura-Lee Caruana, Nick Neocleous, Mark Bates, Charlotte Attwood, Jordan Negrin, Arthur Cichocki, Sam Di Falco, Sean Mallard, Hamish Pearce, Monique Caruana, Alex Phillips, Trent Dimasi, Sian Capito, Matthew Reiman, Stephen Hill, Tony Perri, Amy Bannister, Michael Sacco, Brad Murphy, Freya Kvalic, Chantelle Caruana, David Marasco, Jake Hume, Venetia Kvalic, Monique Radobuljac, Ray Dardah, Larry Dardah, Jack Howlett, Connor Molloy, Julian Cirianni, Nicholas Brasier, Ben Prentner, Christian Caruana, Ashley Brasier, Lachlan Agar, Hayden Campbell, Patrick Collier, Jack Dunell, Aidan Bates, Matthew Perri, Christopher Poermandya, Aretha Poermandya, Matthew Geddes, Adrian Sirianni, Joel Eddington, Michael Donato, Ben Hume, Michael Metaxas, James Metaxas, Jesse-Leigh Boskovski, Maree Garavelos, Gianni Blatti, Kristen Garavelos, Sophie Esposito, Matthew Esposito, Mikaela Neocleous, James Ambrosio, Jack De Ionno, Denis Stojakovic, Mary George, Jack Miskas, Maxwell Miskas, Benjamin Miskas, Sabrina Balcombe, Max Balcombe, Jack Tomsic, Sharbel Aouad, Jessica Tobin, Isabel Negrin, Alessia Theilig, Luke Ortenzio, Daniel Gonzalez, Ben Agar, Jack Eckersall, Sebastian Blatti, Joshua Pepi, Hannah Atherton, Samuel Prentner, Jacob Parker, Mitchell Peck, Christian Magaldi, Jasmine Gonzalez, Jordan Di Carluccio, Caitlin Hill, Lauryn Hill, Kate Geddes, Jordan Clark, Daniel Herlihy, Brooke Herlihy, Sarah Herlihy, Paige Bates, James Mantis, Jorja Mantis, Lucas Di Falco, Sarah Clark, Danielle Di Falco, Brooke Scrivano, Chantelle Scrivano, Fabian Mueller, Sebastian Mueller, Courtney Mifsud, Bailey Kreutzmann, Joshua Ambrosio, Mitch Green, Matthew Rocca, Jordan Gabriel, Brandon Gabriel, Julian Pepi, Teague Van Zwiene, Michael Martin, Arlene Miller, Ethan Miller, Jayden Tobar-Chapman, Matthew Villella, Daniel Villella, Georgia Mifsud, Taylah Mifsud, Shaun Fernando, Lohan Perera, James Brennan, Callum Brennan, McKenna Green, Daniel Killeen, Matthew Killeen, James Metaxas, Alex Latham, Gabriel Varrica, Zachary Perri and Jayden Mayne.

Once again, well done to every student who got in there and gave it their best, as Sensei I am extremely proud of every one of you.

Yours in Budo,

Power of Won 2009 Tournament - Results

| 1st | 2 nd | 3 rd | 4th |
|---|---------------------|---------------------|-----------------------|
| SUMO 5-6yo (A) | | | |
| <i>Bailey K.</i> | <i>Kate G.</i> | <i>Sebastian M.</i> | <i>James M.</i> |
| SUMO 5-6yo (B) | | | |
| <i>Jacob P.</i> | <i>Sebastian B.</i> | <i>Gabriel V.</i> | <i>Matthew R.</i> |
| SUMO 7-8yo (A) | | | |
| <i>Sam P.</i> | <i>Ethan M.</i> | <i>Matthew K.</i> | <i>Joshua P.</i> |
| SUMO 7-8yo (B) | | | |
| <i>Jasmine G.</i> | <i>Mary G.</i> | <i>Paige B.</i> | <i>Aretha P.</i> |
| SUMO 7-8yo (C) | | | |
| <i>James A.</i> | <i>Luke O.</i> | <i>James Br.</i> | <i>Daniel H.</i> |
| SUMO Girls 9-10yo | | | |
| <i>Chantelle C.</i> | <i>Brooke H.</i> | <i>Jessica T.</i> | <i>Jesse-Leigh B.</i> |
| SUMO Boys 9-10yo (A) | | | |
| <i>Larry D.</i> | <i>Zac P.</i> | <i>Jayden T-Ch.</i> | <i>Maxwell M.</i> |
| SUMO Boys 9-10yo (B) | | | |
| <i>Jordan Di C.</i> | <i>Julian C.</i> | <i>Jayden M.</i> | <i>Michael D.</i> |
| SUMO 11yo | | | |
| <i>Sarah H.</i> | <i>Ben P.</i> | <i>Monique R.</i> | <i>Joel E.</i> |
| SUMO 12-14yo | | | |
| <i>Jake H.</i> | <i>Hayden C.</i> | <i>Lachlan A.</i> | <i>Mitchell P.</i> |
| SUMO 13-15yo Girls | | | |
| <i>Amy B.</i> | <i>Sian C.</i> | <i>Monique C.</i> | <i>Freya K.</i> |
| SUMO 14-16yo Boys | | | |
| <i>Trent D.</i> | <i>Nathan C.</i> | <i>Arthur</i> | <i>Alex Ph.</i> |
| KUMITE 9th-7th KYU 7-8yo | | | |
| <i>Christian M.</i> | <i>Luke O.</i> | <i>Joshua A.</i> | <i>Sam P.</i> |
| KUMITE 6th – 5th KYU 7-8yo | | | |
| <i>Benjamin M.</i> | <i>Isabel N.</i> | <i>Gianni B.</i> | <i>James A.</i> |
| KUMITE 9th-8th KYU 9-11yo | | | |
| <i>Shaun F.</i> | <i>Taylah M.</i> | <i>Sarah C.</i> | <i>Sarah H.</i> |
| KUMITE 7th-6th KYU 9-11yo | | | |
| <i>Ben A.</i> | <i>Larry D.</i> | <i>Courtney M.</i> | <i>Jordan Di C.</i> |
| KUMITE 5th KYU 9-10yo | | | |
| <i>Maxwell M.</i> | <i>Michael M.</i> | <i>Patrick C.</i> | <i>Jack D.</i> |

Power of Won 2009 Tournament - Results

| 1st | 2 nd | 3 rd | 4th |
|---|----------------------|----------------------|-----------------------|
| KUMITE 4th KYU 9-10yo | | | |
| <i>Aidan B.</i> | <i>Julian C.</i> | <i>Zac P.</i> | <i>Michael D.</i> |
| KUMITE 6th - 4th KYU 10-12yo | | | |
| <i>Joel E.</i> | <i>Mitchell P.</i> | <i>Jack M.</i> | <i>Christopher P.</i> |
| KUMITE Brown – Black Belts 11-13yo | | | |
| <i>Michael S.</i> | <i>Hayden C.</i> | <i>Mitch G.</i> | <i>Jack H.</i> |
| KUMITE Black Belt 13-15yo Girls | | | |
| <i>Laura-Lee C.</i> | <i>Amy B.</i> | <i>Monique C.</i> | <i>Freya K.</i> |
| KUMITE Black Belt 13-16yo Boys | | | |
| <i>Trent D.</i> | <i>Brad M.</i> | <i>Alex Ph.</i> | <i>Jordan N.</i> |
| KUMITE Seniors 9th -6th Kyu | | | |
| <i>Stephen H.</i> | <i>Tony F.</i> | <i>Matthew R.</i> | <i>Sean M.</i> |
| KUMITE Women's Over 18yo - OPEN | | | |
| <i>Krystal G.</i> | <i>Charlotte A.</i> | <i>Michelle C.</i> | <i>Catarina De F.</i> |
| KUMITE Men's Over 18yo - OPEN | | | |
| <i>John B.</i> | <i>Lloyd G.</i> | <i>Mark B.</i> | <i>John P.</i> |
| KATA 9th-8th KYU 5-6yo | | | |
| <i>Julian P.</i> | <i>Teague V.</i> | <i>Zac P.</i> | |
| KATA 8th-7th KYU 5-6yo | | | |
| <i>Kate G.</i> | <i>Jacob P.</i> | <i>Matthew R.</i> | |
| KATA 9th-8th KYU 7-8yo | | | |
| <i>James Br.</i> | <i>Fabian M.</i> | <i>Daniel H.</i> | |
| KATA 8th - 7th KYU 7-8yo | | | |
| <i>Caitlin H.</i> | <i>Christian M.</i> | <i>Luke O.</i> | |
| KATA 6th KYU 7-8yo | | | |
| <i>Joshua P.</i> | <i>Isabel N.</i> | <i>Mary G.</i> | |
| KATA 5th KYU 7-8yo | | | |
| <i>Benjamin M.</i> | <i>Aretha P.</i> | <i>Gianni B.</i> | |
| KATA 9th-8th KYU 9-11yo (A) | | | |
| <i>Shaun F.</i> | <i>Jayden M.</i> | <i>Jordan G.</i> | |
| KATA 9th-8th KYU 9-11yo (B) | | | |
| <i>Lauryn Hill</i> | <i>McKenna Green</i> | <i>Arlene Miller</i> | |
| KATA 7th-6th KYU 9-11yo | | | |
| <i>Chantelle Sc.</i> | <i>Jack T.</i> | <i>Brooke Sc.</i> | |

Power of Won 2009 Tournament - Results

| 1st | 2 nd | 3 rd | 4th |
|--|-----------------------|-----------------------|-----|
| KATA 5th KYU 9-11yo (A) | | | |
| <i>Denis S.</i> | <i>Jesse-Leigh B.</i> | <i>Maree G.</i> | |
| KATA 5th KYU 9-11yo (B) | | | |
| <i>Jack M.</i> | <i>Hannah A.</i> | <i>Christopher P.</i> | |
| KATA 4th KYU 9-11yo | | | |
| <i>Michael D.</i> | <i>Julian C.</i> | <i>Christian C.</i> | |
| KATA 3rd KYU 11-13yo | | | |
| <i>Chantelle C.</i> | <i>Monique R.</i> | <i>Nicholas B.</i> | |
| KATA Black Belts 12-13yo | | | |
| <i>Hayden C.</i> | <i>Hamish P.</i> | <i>Jack H.</i> | |
| KATA Black Belts 14-16yo | | | |
| <i>Jordan N.</i> | <i>Monique C.</i> | <i>Laura-Lee C.</i> | |
| KATA Under 18yo 8th - 6th KYU | | | |
| <i>Sean M.</i> | <i>Matthew R.</i> | <i>Nathan C.</i> | |
| KATA Over 18yo 9th - 6th KYU | | | |
| <i>Charlotte A.</i> | <i>Sam Di F.</i> | <i>Tony F.</i> | |
| KATA Senior 4th KYU | | | |
| <i>Mark B.</i> | <i>Krystal G.</i> | <i>Catarina De F.</i> | |
| KATA Brown – Black Belts | | | |
| <i>Gareth P.</i> | <i>Wayne A.</i> | <i>Brendan C.</i> | |